

Organization	Number	Website	Assistance with	How they help
American Council on Alcoholism Hotline	800-527-5344	www.aca-usa.org	Alcoholism	Provide educational materials and referrals to alcohol treatment programs nationwide.
National Center for Alcohol and Drug Information	800-729-6686	ncadi.samhsa.gov	Alcoholism and Drug Abuse	Provide information and referrals to local state funded and private drug treatment agencies.
Al-anon/Alateen Meeting Referral	800-4AL-ANON (800-425-2666)	www.al-anon.alateen.org	Alcoholism, friends and family	An operator can direct you to the meeting locations nearest you.
Cocaine National Hotline	800-COCAINE 800-262-2463		Drug addiction	Information, crisis intervention, and referrals to local rehab centers for all types of drug dependency.
CDC AIDS Hotline	800-CDC-INFO (800-232-4636)	www.cdc.gov/hiv/links.htm	AIDS and STDS	Answers to questions regarding HIV/AIDS and how to protect yourself.
Herpes Advice Center	888-238-4238		STDS	Answers to questions regarding herpes.
National Legal Aid and Defender Society	202-452-0620	www.nlada.org	Free legal services	Will direct you to the nearest legal aid service in your area. Legal aid is primarily for people of lower incomes.
Rape Abuse and Incest National Network	800-656-HOPE (800-656-4673)	www.rainn.org	Rape and incest victims	Automatically transfer you to the nearest rape crisis center in your area.
Childhelp USA	800-4-A-CHILD	www.childhelp.org	Child abuse victims, offenders, parents, survivors.	Provide short term counseling, information and referrals to local agencies. They can also take report of suspected child abuse.
National Domestic Violence Hotline	800-799-SAFE	www.ndvh.org	Domestic violence: children, parents, friends, offenders	Provides immediate help through referrals to local shelters, counselors and legal advice.
National Center for Victims of Crime	800-FYI-CALL (800-394-2255)	www.ncvc.org	Victims of violent crimes	Provide some local referrals for social service, counseling, legal and case advocacy.
Girls and Boys Town	800-448-3000	www.boystown.org	Troubled children, parents, family members	Provide referrals for counseling to girls and boys with any type of problem including issues with school, parents, sexuality, abuse, or feelings of suicide.
Runaway Switchboard	800-RUNAWAY	www.1800runaway.org	Runaways	Provides crisis intervention and travel assistance to runaways. Gives referrals to shelters nationwide. Also relays messages to, or sets up calls with, parents at the request of the child.
National Referral Network for Kids in Crisis	800-KID-SAVE 800-543-7283		Children and adolescents in crisis	Referrals to shelters, mental health services, sexual abuse treatment, substance abuse, family counseling, residential care, adoption/foster care, etc.
Covenant House Nine-line for Teens	800-999-9999	www.nineline.org	Information for kids with any issue	Crisis counselors to talk to about anything, free and confidential.
National Hopeline Network	800-SUICIDE	www.hopeline.com	Suicide	Provide referrals to the nearest local 24 hour crisis hotlines and services.
Big Brothers Big Sisters of America	215-567-7000	www.bbbs.org	Child mentoring	The nation's largest youth mentoring organization. The national office can help you find an agency near you.
Planned Parenthood	800-230-PLAN (800-230-7526)	www.plannedparenthood.org	Pregnancy, birth control	Immediately connect you to a planned parenthood in your area.

Organization	Number	Website	Assistance with	How they help
Emergency Contraceptive Hotline	888-NOT-2-LATE (888-668-2528)	www.4women.gov/FAQ/econtracep.htm	Emergency contraception	An automated service provides referrals to local health care providers who offer emergency contraception.
American Pregnancy Helpline	888-4-OPTIONS (888-467-8466)	www.thehelpline.org	Christian Pregnancy Counseling.	Provide counseling and referrals on pregnancy testing, abortion, adoption, and parenting services.
National Alliance for the Mentally Ill	800-950-NAMI (800-950-6264)	www.nami.org	Mental health	Provides referrals to local counselors, therapists, and support groups for individuals and families. They can also answer questions and send information on any type of mental health issue.
National Mental Health Association Information	800-969-NMHA 800-273-TALK	www.nmha.org	Mental health	Provides information on all types of mental health issues and gives referrals to support groups, and inpatient/outpatient centers.
United Way Crisis Line	800-233-HELP (800-233-4357)		Mental health	Trained social workers provide referrals to local agencies, counselors and mental health associations. They can also provide crisis counseling.
Emergency Food Shelter National Board Program	703-706-9660	efsp.unitedway.org	Emergency food, clothing and shelter.	Provide referrals to local agencies that can help find financial assistance for expenses (e.g., rent, bills). These local agencies can also help find emergency food, clothes and shelter.
National Council on Problem Gambling	800-522-4700	www.ncpgambling.org	Problem Gambling	Provide information, referral resources and directories of counselors and treatment centers
Council on Compulsive Gambling of New Jersey	800-GAMBLER	www.800gambler.org	Problem Gambling	Provide information, education and referral services for anyone affected by compulsive gambling.
Eating Disorders Awareness and Prevention	800-931-2237	www.nationaleatingdisorders.org	Eating Disorders	Provide support services, help, and guidance to individuals struggling with disordered eating, their loved ones, and families
National Association of Anorexia Nervosa and Associated Disorders	847-831-3438	www.anad.org	Eating Disorders	Provides help, support, or more information about eating disorders.
Overeater's Anonymous	505-891-2664	www.oa.org	Eating Disorders	Referrals to local chapters and information
The Trevor Helpline	800-4-U-TREVOR	http://thetrevorproject.org	Gay, lesbian, bisexual, transgender suicide prevention	24/7 crisis & suicide prevention helpline for gay, lesbian, bisexual, transgender and questioning youth
Gay & Lesbian National Hotline	888-THE-GLNH	www.glnh.org	Gay, lesbian, and transgender community	Provides telephone, email peer-counseling, factual information and local resources for cities and towns across the United States.
*This list should not be considered to be a complete list of all community service agencies nor an endorsement of them.				
**Please note that we do our best to keep this list up to date, however these phone numbers often change. If the number is not working or if you are having problem reaching one of these agencies, feel free to contact Holly Chedester toll-free at (866) 203-5165 and she can help you.				